



1 May 2023

Dear parents/carers,

Got It!
(Getting On Track In Time!)

Helping parents and children to work together to improve challenging behaviour.

Got It! is a new program supported by the NSW Department of Health, and the NSW Department of Education. Quakers Hill Public School has been offered a place in this exciting new program.

The *Got It!* team will be running a 9-week program for children in Kindy to Year 2 and their parents, who are having problems with disruptive behaviour at home or at school. The program will give families the opportunity to be part of a fun and supportive group that can improve family relationships and help parents deal with difficult behaviours.

Challenging and anti-social behaviour often causes problems in many areas of a child's life. It can also be stressful for their family, friends and community.

Sadly, these children can often be seen as 'naughty', rather than as children who are struggling with organising their thoughts, feelings and behaviours.

Got It! aims to give support and practical help to children and their families, and also to support the school community to help children get the most out of the opportunities available to them.

The *Got It!* team is looking forward to working with Quakers Hill Public School and would like to thank the whole school community in advance your commitment to improving the wellbeing of children and families here at Quakers Hill Public School.

This [link](https://www.youtube.com/watch?v=dphTbRyX5Kk) (<https://www.youtube.com/watch?v=dphTbRyX5Kk>) will provide additional information should you wish to view the clip.

An information session will be held next week – Tuesday 9th May 2023 at 9:30am in the hall. Please see attached flyer for more information.

All families will be asked to complete a questionnaire for each child in Kindy to Year 2 for 2023. The questionnaire will be sent out at a later date. Once all families have the questionnaire, we do ask them to promptly fill it out and return it to school. If you have any further questions, please see your child's class teacher.

Kind Regards

Bert Lo Campo
Principal

Alison Jeremijczyk
Deputy Principal (rel.)