



9 February 2022

## NOTIFICATION OF TERM 1, 3-6 ATHLETRIX/ SPORTRIX PROGRAM

An 8 week Athletics program has been organised for all students in Year 3-6

**Where:** Quakers Hill Public School

**When:** Monday and Wednesday , Week 4-11, Term 1

**Cost:** \$30

**The group will be supervised by:** classroom teachers. The session will be led by professional instructors.

### Additional Information:

Students will participate in an 8-week program throughout Term 1.

The Athletrix/ Sportrix program targets the Self Awareness, Interpersonal and Movement Skill Domains outlined in the PDHPE Curriculum. It is designed to consolidate the fundamentals of throwing, running and jumping skills to enable students to participate in a range of athletic activities. It also incorporates resilience during competition through winning, losing and supporting team members and enhances students' socialisation abilities.

Please complete payment (cash in a labelled envelope to the school office, online or credit on student account) and fill out the *3-6 Athletrix/Sportrix program* form in **FORMS** on the **School Stream** app by 5pm Thursday 17 February 2022.

**Any online payments after 5pm Thursday 17 February will be returned. No money will be accepted after this date.**

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Bert Lo Campo  
Principal

Jared Madden  
Program Coordinator

A copy of this note can be located on the school website – <http://www.quakershil-p.schools.nsw.edu.au/notes>

Quakers Hill Public School

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