



23 May 2019

Emotional Intelligence - Wellbeing Stage 3

Dear Parents/Carers

The school environment, and the world in which our children will grow and function continues to change. Our commitment to our students, parents and members of the community is that our school will be teaching and providing learning environments that enable the development of healthy, happy, successful and productive individuals. In turn, our students will be expected to contribute to their own wellbeing, the wellbeing of their peers and the collective wellbeing of their communities.

This year as part of our PDHPE program, Stage 3 have been working on their Emotional Intelligence, including Growth Mindset, Resilience and Communicating Emotions.

Student wellbeing is enhanced when schools connect with and draw on the expertise, contribution and support of their communities as it maximises how students connect, succeed and thrive. We are fortunate to have our school psychologist, Miss Leith Potter supporting teachers with learning opportunities to implement with their classes and effective discussions to have with students.

As part of our partnership with Miss Potter, stage 3 will engage in an Emotional Intelligence presentation, focussing on students developing skills in expressing their feelings and understanding their emotions. Students will have opportunities to learn to make informed decisions, communicate confidently, suggest and consider appropriate alternatives when resolving problems.

We look forward to your support in this initiative and highly recommend your child to participate. If you'd rather your child not participate, please contact the school office and speak to Mrs Maruncic or Miss Ryan.

Bert Lo Campo
Principal

Jared Madden
Rel Assistant Principal

A copy of this note can be located on the school website – <http://www.quakershil-p.schools.nsw.edu.au/notes>