



# NEWSLETTER

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## Important Dates

| Date     | Event  |
|----------|--|
| 04/06/19 | P&C Mufti Day  |
| 06/06/19 | ES1 Assembly – 2.15pm  |
| 07/06/19 | Stage 3 Emotional Intelligence Talk – 9.10am   |
| 13/06/19 | Stage 1 Assembly – 1.15pm  |
| 17/06/19 | Aboriginal Garden Opening – 9.30am   |
| 19/06/19 | Stage 1 Super Pollinators Incursion<br>Maths Olympiad, Reach Writing Test<br>P&C Meeting |
| 20/06/19 | Stage 1 Super Pollinators Incursion  |
| 21/06/19 | Stage 1 Super Pollinators Incursion  |

**UNIFORM SHOP MONDAYS – 8.45AM TO 10AM**  
**UNIFORM SHOP THURSDAYS – 2.30PM TO 3.30PM**  
**SCHOOL BANKING EACH WEDNESDAY**

## FROM THE PRINCIPAL

### ONE SIZE FITS ALL – OR DOES IT?



Traditionally schools have been based on an Industrial Age model of education that is a machine-like model where "one size fits all". Where the curriculum was narrowed into a hierarchy of subjects, some considered more important than others. Where the system suited some students and not others. Where the talents of students who didn't fit the system weren't recognised. Those students who did not learn at the pace of the assembly line either fell off or were forced to struggle to keep pace. This created uniformity of product and processes as norm, naively assuming all children learn in the same way, at the same rate and should be fostered to achieve the same educational goals as each other.

What this system doesn't recognise is the uniqueness of us all as human beings. The starting premise should be, that we all have great natural abilities and talents and they should be developed and encouraged. That is, education has to cover some common ground for everyone. Yes, Literacy and the Sciences are vitally important but equally so are the Humanities, the Arts and physical activities. It's about cultivating individual passions and talents and energising students so their latent abilities are allowed to flourish, it's an entitlement.

The history of the world is filled with stories of individuals who later became famous but weren't suited or recognised by the Industrial Age education system. Albert Einstein failed at school, Winston Churchill struggled also. Paul McCartney (The Beatles) went to school in Liverpool, England and went through the whole of his education and no-one recognised his musical talent. In the same class, was the lead guitarist of the Beatles, George Harrison and he went through the school as well and nobody saw his potential. So in the one class, you had half of the Beatles and everyone missed it because the system was rigid and inflexible.

Here's the thing, talent is often buried very deep. It's not lying around on the surface all the time and over the years many students have been marginalised because of this. Education should work with students to pursue their own particular talents and passion or frequently these abilities become hidden and inhibited as we grow older, and are lost to us all.

Quakers Hill is a centre of excellence in future focused learning providing our students with powerful learning opportunities mirroring society as it changes. Future focused learning is so much more than flexible learning spaces, so much more than the technologies, so much more than coding, robotics, drones, spheros, and so on. It is a philosophy that combines future focussed learning environments and future focused technologies. It is and has to be very unique to Quakers Hill, owned by our community and provided by our talented staff. It is in every way our way providing excellence in education and ensuring that our students are provided the tools to become lifelong learners able to adapt and change and be flexible as our world continually changes. It is about preparing our students for a future that will continually change and for careers that have yet to be designed and created.

Our staff are committed to this philosophy, continually evolving and refining their skills. I would encourage you to follow our twitter feed where you will see our staff using our future focussed tools so that they can best

utilise these with your children. Follow this link and enjoy <https://twitter.com/QuakersHPS>.

To get a real sense of our philosophy around future focused learning and the amazing array of wonderful technologies that our students have access to, please follow this link to our website – <http://www.quakershill.schools.nsw.edu.au/future-focused>.

### Robert Pugh – End of an area



It is with great sadness that I announce that Mr Robert Pugh will retire from teaching at the end of Term 2 after over 30+ years at Quakers Hill Public School as a classroom teacher. Mr Pugh has decided to retire at from 5 July 2019. This of course is wonderful news for Mr Pugh as he commences his new journey in life. Mr Pugh has at all times carried out his role as an educator with great pride, determination and enthusiasm always ensuring that our children were provided with exceptional learning opportunities across all facets of school life. Whether it be in the classroom, through technology or in the sporting area. Mr Pugh's enthusiasm, passion and commitment to the staff, students and community of Quakers Hill Primary School will be greatly missed as he has been the heart and soul of Quakers Hill for a very long time.

Mr Pugh's long history at Quakers has been filled with numerous achievements, wonderful memories, amazing friendships with staff and parents and a close rapport with the students. The sum total of a school is always about the people who are in it and the relationships that are developed and fostered. Since his very first day at Quakers Hill, Mr Pugh has demonstrated this core belief. He has worked tirelessly with our school community (staff, students and parents) building a shared vision and connectedness in order for the school to achieve to all of the programs, initiatives and targets that have been set out.

Mr Pugh's wish for our beautiful school, is for the school to continue to be proud of its rich past and excited about the future ahead, for Quakers Hill to be a school community where its students, parents and teachers



proudly talk about the school and advocate that it is a school that is built on ‘innovation-excellence-success’.

On behalf of our school community I wish Mr Pugh the very best as he enters his retirement, he will always hold a very dear place in our hearts.

Thank you for your wonderful ‘service to students.’

**Courtney Johnston**



Today I announce that Mrs Courtney Johnston will not be returning Quakers Hill at the conclusion of her maternity leave. Mrs Johnston will commence her new role as Assistant Principal at Kellyville North Public School shortly. This of course is wonderful news for Mrs Johnston as she commences her new educational journey and sad news for Quakers Hill.

This amazingly talented classroom practitioner and Assistant Principal carried out her role as educator and school leader with great pride, determination and enthusiasm ensuring that our children were provided with exceptional learning opportunities.

As a classroom teacher and Assistant Principal, Mrs Johnston has held the belief that strong communication and a foundation built on relationships and mutual respect are the cornerstones of a strong connected learning environment.

Thank you for your wonderful ‘service to students.’

**ANZAC Day**

Our school Captains and Vice Captains conducted a very informative and poignant ceremony for our students last term. Congratulations to both our wonderful vice captains for their excellent presentation and to Mr Hynes for his organisation of this year’s ceremony. ANZAC day services and ceremonies are an important part of our country’s culture and a time to remember those who have fought for our country so that we can enjoy our wonderful way of life.



The ANZAC spirit represents a sense of purpose and direction. The original ANZAC's knew what they had to do, they knew of the dangers and the difficulties but they got down and did not let those difficulties stop them from obeying their orders. It is true that the whole campaign did not achieve what was hoped for. But the soldiers on the ground stayed until their leaders decided it was time to withdraw.

We can apply this to your everyday life. We know what work we have to do at school and what tasks your parents may have set you to do about the house. No matter what difficulties you think are in the way, think of the ANZAC's and others who have followed them and push the difficulties to one side and do accomplish your task.

Secondly, the ANZAC spirit represents an acceptance of responsibility. This is another quality we at Quakers Hill apply in our everyday lives. We take responsibility for everything we do. It is easy to say 'I did that' or 'that's my work' when everything goes right. We all know that sometimes things do not go right. Sometimes we do something which is against the wishes of our parents and teachers. Remember the ANZAC spirit and take responsibility for what you are doing.

The ANZAC spirit also includes a sense of compassion. This has been summed up in the Australian experience as mateship. This means to watch out for your mate, help him or her at all times and don't poke fun at other people at school because they may have had some misfortune, or come from a different part of the world.

So these three very simple things are what we mean when we talk about the ANZAC spirit. Another word we can apply to this same spirit is unselfishness.

### Student Reports

Student reports will be sent home during the last week of Term 2 (Wednesday 3 July 2019). Semester 1 reports are an indication of your child's achievements during the past 6 months. Our teachers have been assessing students according to the Board of Studies outcomes, which generally allow 2 years for students to progress through each stage. Learning is continuous and children learn at different rates. We have included an explanation at the beginning of the report.

All children need encouragement and praise to be confident, happy learners. Some children try very hard and find learning difficult. They deserve your praise and encouragement. Some children find learning easy and often do not try as hard as they could. Your encouragement here is critical as well. For those students who have no difficulty learning and put a lot of effort into their work, they need continued acknowledgement and praise to keep this level of enthusiasm and commitment. For those students whose effort is minimal, closer home/school partnerships are the key to improvement.

### Staff Development Day Term 3

Please note that Term 2 finishes on Friday 5 July. **Students return to school on Tuesday 23 July.** Monday 22 July is a staff development day. Families will need to make alternate arrangements for their children on this day as school staff will be involved in professional learning activities. Before and after school can provide support to families if needed.

### Staff Development Days Term 4 - Variation

As was the case in 2018, the Term 4 2019 Staff Development Days for Quakers Hill staff has been varied. This means that the **last day for students is Wednesday 18 December.** Quakers Hill staff will take part in 12 hours of professional learning during the course of Term 2/3.

Families will need to make alternate arrangements during this time. Before and After School facilities will be operational on both the Thursday 19 and Friday 20 December 2019.

### NAPLAN 2019

Congratulations to our wonderful Year 3 and 5 students who completed their NAPLAN assessments this week. A big thankyou to our teachers who administered the test, but very special thanks to Miss Basmajian and Mr Madden who had the task of organising the assessment process and collating and returning the tests. Well done, everyone!

Whatever the results, you are all amazing students who will do our school proud. NAPLAN results will arrive to schools in Term 3.

### Social Media



At Quakers, we there are several modes of social media used to communicate with our community and specifically our parents. These include the following – Website, Quakers Hill School Stream app, Instagram, Twitter and Facebook.

Community Communication - the key to a successful relationship between our school and our community is strong communication, especially important for a school the size of Quakers Hill PS – 1000+ students. The school's newsletter and website provides an abundant supply of information about our school. The newsletter provides information on a fortnightly basis, whilst the website is a more static communication tool, providing general information about our school. The website is updated periodically.

For up to the minute notifications, our smartphone app is a great tool, available on both Apple and Android phones. The Smartphone app provides current and instantly updated information, reminders and notifications. The App provides our school community with the following; a calendar of events, photos, and notifications, the newsletter, policies, school notes, P&C information, canteen news (and link to munch monitor – online ordering), videos, links, and forms. The forms section provides an avenue for our parents to provide change of details, request a meeting with a teacher and an absentee note.



Our other social media avenues are Twitter, Instagram and Facebook. The School's Twitter account celebrates the wonderful achievements of our school, of the staff and its amazing students. Twitter and Instagram are ways we as a school celebrate all things Quakers Hill. These are short, instant tweets/posts highlighting the way we imagine, believe and create the amazing opportunities and success for our students.

The school's Facebook page takes the wonderful aspects of the twitter account and combines features of the school app and webpage. It is a tool also used to celebrate the amazing achievements of our school community and a tool to disseminate information.

Both accounts are linked to the Blacktown Learning Community's Facebook page/twitter accounts (a very powerful learning community established by Quakers Hill in 1994. The very first of its kind in Australia). Many activities and events our school participate in are organised through the Blacktown Learning Community. If you are a Facebook / twitter user, keep up-to-date with what is going on. [www.facebook.com/blacktownlearningcommunity](https://www.facebook.com/blacktownlearningcommunity) and Twitter [https://twitter.com/BLC\\_Schools](https://twitter.com/BLC_Schools)

I encourage our school community to engage with our social media and have these on their phones. **Follow us on Twitter/Instagram and like us on Facebook. The School Stream app is a must have on your smartphones** (free for our community). Remember all forms of our social media accounts serve different, but important roles in communicating and celebrating the wonderful events and achievements of our school, our students, our staff and of course our amazingly supportive community. The school app, twitter and Facebook are available straight from the website.

Our webpage - [www.quakershil-p.school.nsw.edu.au](http://www.quakershil-p.school.nsw.edu.au)

Our Twitter - <https://twitter.com/QuakersHPS>

Our Instagram - <https://www.instagram.com/quakershilp.school/>

Our Facebook Page - <https://www.facebook.com/Quakers-Hill-Public-School-254166201373045/>

Our school app – School Stream. Download the app from the app or google play store.

### Blacktown Learning Community



Quakers Hill Public School is a proud, founding member of the Blacktown Learning Community (BLC). Our students are fortunate to be part of this wonderful learning community, drawing on the many varied and wonderful experiences that it offers.

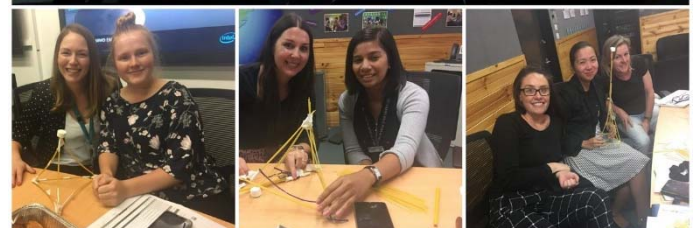
During the past twenty years the Blacktown Learning Community has been, and continues to be, a proactive, empowering group of twenty-five schools in the Blacktown area of Western Sydney. It provides its students, its staff and its communities with programs, initiatives and educational learning opportunities that have been innovative and often at the forefront of education.

### Core Value

**The core value for the month of May is EXCELLENCE -** Striving for the highest personal achievement in all aspects of schooling and individual and community action, work and life-long learning.

**Bert Lo Campo – Principal**

### Teacher Professional Learning



Teacher professional learning, professional reading and dialogue are integral components in order to ensure that teachers in all schools continue to keep up to date with current trends, programs and philosophy and that our students continually receive the very best teaching and learning possible.

Quakers Hill Public School is committed to ensuring that its teachers are involved in a process of continual learning and continually attending quality professional learning opportunities. Currently our teachers are in the process of doing just that. They are attending professional learning opportunities in Targeted Early Numeracy intervention, Best Start, Focus on Reading, just to name a few. This requires the staff to be out of the school for a number of days during the year.

The knowledge, skills and pedagogy that they will then bring back to our school, their classrooms and for your children will be pivotal in ensuring that what happens in the classrooms is exemplary, up-to-date teaching.

Our school has a structured process in place for when teachers attend important learning opportunities. Teaching and learning programs, literacy and numeracy lessons **do at all times continue** and are carried out by teachers covering classes.

#### **PAPER LEVY - \$50 per child/family / \$11 Book Pack - REMINDER**



The provision of quality education relies, not only on the quality of the teaching staff, but also on the quality of the resources, which we use to educate the children. We are fortunate to have an enthusiastic, talented and committed office and teaching staff at Quakers Hill and, while they are keen to use the best resources available, they are well aware of the current

economic climate and the hardships many families are experiencing.

We do not ask our parents to purchase textbooks rather; we are using duplicated copyright-free material, stencils, interactive whiteboard lessons and overheads prepared by the teachers. This, of course, takes far more time and preparation, but also increases the amount of paper usage. We use approximately 70, 000 copies per month. Whilst we are always careful with the amount of paper used, we do not limit the amount requested by each teacher, as is often the case in some schools. Added to the expense of the paper usage we must also carefully maintain the machines we use and buy the necessary inks and toners used in them.

Please note that this will be the only **voluntary** fee parents will be asked to pay. However, I encourage all our parents to support this contribution. Thank you so much to those families that have already paid the **voluntary** contribution. My guarantee is that every last dollar of all money raised will go directly back into your child's education, ensuring that our students are provided with the very best learning opportunity and resources. The staff and students of Quakers Hill are always humbled by your generosity and amazing support.

Families have received their 2019 invoice with the above voluntary contributions as well the cost for organised stage activities/excursions in order to help our families plan for payments. Comments from our families were extremely positive and supportive of the advanced notice of excursions and incursions in terms of budget planning for the year. It has been humbling to see so many of our families taking up the option to pay the invoices in full. Thank you so very much.

Payments for planned activities can be made as regular instalments or as individual payments or as an upfront payment. Payments can be made through the school's online payment system (preferred) and now directly from your mobile and tablet devices or by using the envelope system. Parents will receive notes in regards to excursions and incursions closer to the dates of each planned activity and a reminder of payment and due date.

#### **PSSA SPORT**



Winter PSSA sport has commenced and The Primary School Sports Association and the school welcome parents to all games to support their children and school.

The role of the spectator is to enhance the player's enjoyment. (R. Coggan, NSW Public Schools Sports Council)

- Remember that students play organised sport for their own enjoyment. They are not there to entertain you, and they are NOT miniature professional athletes
- Respect the officials' decisions
- Be on your best behaviour. Do not indulge in physical or verbal abuse of players, coaches, officials or other spectators
- Applaud good play by your own team and the opposing team



- Show respect for your opponents. Without them there would be no game
- Never ridicule a player for making a mistake or losing a competition
- Do not encourage or condone the use of violence in any form
- Encourage players always to play according to the rules

Please note that students representing the school in PSSA must at all times be in sports uniform appropriate to their PSSA team.

**PSSA Uniforms**

Representing Quakers Hill Public School in a PSSA team is a privilege and students are to be reminded that they are to wear **full** sports uniform when participating. The expectations for each sport are listed below;

**Soccer-** Yellow school sports shirt / representative shirt, blue sports short with the QHPS emblem, soccer socks which can be purchased form the clothing pool for \$10. Children will change in to soccer jerseys on match days.

**Oz-Tag-** Yellow school sports shirt / representative shirt, blue sports short with the QHPS emblem and sports socks (purchased form the uniform shop for \$10). The school will provide OZ Tag paying jerseys on match days.

**Netball** - Yellow school sports shirt, blue sports skorts or shorts with the QHPS emblem.

**Rugby League** – Rugby League jerseys, blue sports short with the QHPS emblem and socks (purchased form the uniform shop for \$10).

**Mr Hynes - PSSA Coordinator**

**SCHOOL UNIFORM**



Quakers Hill Public School  
Imagine - Believe - Create

Uniform Shop Open Dates

Mondays  
8.40am - 9.30am

Thursday  
2.30pm - 3.30pm

Follow us on   

Uniforms



Boy’s school uniform consists of the royal blue shirt and grey pants with white socks and black shoes. Girls have the choice of wearing either the school dress (preferred option) or the royal blue shirt with skorts and white socks and black shoes.

The yellow polo shirt is now the school’s Friday sports shirt and is worn with royal blue shorts for boys and royal blue skort for girls (with the school’s emblem) and sneakers with white socks.

During the winter months, our students also have our wonderful micro-fibre track top and pants. Our girls can choose to wear the school dress (with the school microfibre/bomber jacket). Long grey pants for boys and long blue slacks for girls for the winter months.

For the winter months, the school has added new bomber style jackets, these are replacing the older fleecy jackets. The bomber jackets are extremely warm and a great look. QHPS beanies are also available from the uniform shop. These have been added to the list of school uniform after many parent requests. Please note, that only QHPS crested beanies, bucket hats, wide brimmed hats are to be worn at school.

**Kindergarten Enrolments**

**Enrol now for 2020 don’t miss your opportunity to enrol in our great school.**



Quakers Hill Public School prides itself in delivering quality programs to students in a warm, caring learning environment. Our teachers are professional, caring and committed to teaching students a broad and balanced curriculum across the key learning areas (KLAs). We pride ourselves on catering for the individual learning needs of all children.

**If your child is turning 5 before 31 July 2020 they can enrol at Quakers Hill Public School for 2020.** Please collect an enrolment package from the office and return it as soon as possible. Proof of age and residency status will be required.

**Bikes and Scooters**

It is wonderful to see so many children riding their bikes and scooters to school. Please remember that all children who ride their bikes or scooters to and from school must wear a bike helmet.

**MORNING STUDENT ARRIVAL TIMES**

The school's supervision roster starts from 8.40am. Teaching staff are not available to ensure the safety of children in the playground prior to that time.

We well understand that many parents have commitments at work which require them to leave before 8.40am. However, there is available within the school a Before and After School Care service which operates from 6.30am every school morning. Alternatively, you may be able to make arrangements with friends or neighbours for the supervision of your children. Some families in the school with working parents take turns to take each other's children to school. As well, many employers will be sympathetic to parents with responsibilities for caring for children and will allow some flexibility in parents' working hours. By law, employers are restricted from treating an employee detrimentally on the grounds of their status as a carer.

Whatever arrangements you make, please understand that you remain legally responsible for your child prior to 8.40am when supervision begins. I would therefore ask that you ensure that your child is not left unsupervised at the school before 8.40am anymore.

**LATE PICK UP**

School concludes at 3.15pm. Whilst we understand that from time to time parents are running late to pick their children up from school, we do ask that students are collected in the afternoon on time. If you know that you are running late on a particular day, we do ask that the school is notified.

Parents will be contacted for children who are not collected by the time the final school bus leaves the school. If parents are unable to be contacted, students will be admitted to before and after school care. Please note that this will incur a cost from the before and after school care providers.

## SCHOOL CANTEEN LICENCE

Tenders are called for the licence of the Quakers Hill Public School canteen for the school year commencing 23 July 2019 and for a term of approximately 5 years. Annual school enrolments will be approximately 1050.

General enquiries and requests for a Tender Information Package should be referred to:

**Miss Rosannagh Ryan**  
**Email: quakershil-p.school@det.nsw.edu.au**  
**Telephone: 9626 9655**

Tenders must be submitted in a sealed envelope marked "Confidential-School Canteen Tender" and sent to:

**The Deputy Principal**  
**Quakers Hill Public School**  
**Medlow Dr, Quakers Hill**  
**NSW 2763**

***Tenders close at 3 pm on  
7 June 2019.***

**A tender visit and briefing session is planned to be held in the near future.**

**All applicants must make themselves familiar with clause 2 of the tender offer.**



### Cross Country

On Friday the 10<sup>th</sup> of May, Quakers Hill Public School participated in Cross Country. Children in Stage 2 and Stage 3 ran 3 kilometres. Students from Quakers Hill High helped us in the novelty events. The students demonstrated excellent sportsmanship as they cheered on their fellow house friends. Students chanted along with their house captains and everyone earned points for their house by participating in the event. The winning house was Babilla!

Altogether the day was hugely successful and we would like to thank the teachers for making the event possible, the parents for coming, and the students from Quakers Hill High that assisted in the event.

By Zoe and Harseneep 5P

## Get involved in the School Banking Program

Quakers Hill Public is excited to offer the Commonwealth Bank School Banking program to all students.

School Banking is a fun, interactive and engaging way for young Australians to learn about money and develop good savings habits. Children who deposit money into their Youthsaver account through School Banking earn digital Dollarmites tokens, which they can save up and redeem for exciting rewards.

The rewards available during 2019 are:

- Scented Stackable Highlighters
- Snowy Origami Set
- Icicle Slapband Ruler
- Yeti Fluffy Notepad
- Arctic Owl Fluffy Keyring
- Scratch Art Cards
- Water Skimming Bounce Ball
- Polar Pencils & Pencil Toppers



School Banking is also a great fundraiser for our school. Our school receives a Regular Savers Contribution of \$5 for every 10 deposits processed per student as well as an Annual Contribution which is based on the number of students who made at least one School Banking deposit in the prior year.

### Getting involved in School Banking is easy!

All you need to get involved in the School Banking program is a Commonwealth Bank Youthsaver account. You can open an account for your child in one of two ways:

#### 1. Online

Visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking) and click on the link to open a Youthsaver account.

#### 2. In branch

Visit a Commonwealth Bank branch with identification for yourself and your child, like a driver's licence and birth certificate.

If your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away. They just need to bring their deposit in every week on School Banking day using their Dollarmites deposit wallet.

School Banking day is **Wednesday**. Each week you need to hand in your bank book to the classroom teacher.

If you would like to know more about School Banking, please ask for a 2018 School Banking program information pack from the school office or visit [commbank.com.au/schoolbanking](http://commbank.com.au/schoolbanking)



### CANTEEN MENU 2019

Quakers Hill Public School



~ FOOD CODING ~

- G Green - fill the menu
- A Amber - select carefully
- R Red - only occasionally
- GF - Gluten Free
- H - Halal

HEALTHY START



- Fresh Yoghurt (G) (GF) \$4.00
- Seasonal Fruit & Yoghurt \$3.50
- Yoghurt & Berries (G) (GF)
- Fruit (G) \$1.00
- Fruit available daily
- Fresh Fruit Salad \$3.50
- Toasted Sandwiches (G) \$3.50
- Cheese
- Ham & cheese \$3.80
- Ham, cheese & tomato \$4.00
- Toast (A) \$1.00
- Jam or Honey - 1 Slice

SNACKS



- Orchy juice cup (G) \$1.60
- Custard (G) Low Fat \$2.60
- Jumpy's (A) \$1.60
- Ice blocks & ice creams (A) \$1.00 ~ \$2.60
- Banana Bread (A) Half \$2.60 Full \$4.00

COLD BAR



- SANDWICH BAR -

- Vegemite (G) \$2.00
- Egg, lettuce & mayo (G) \$3.80
- Cheese & tomato (G) \$3.80
- Smoked Ham, cheese & tomato (G) \$4.00
- Smoked Ham & cheese (G) \$3.80
- Smoked Ham & Tomato (G) \$3.80
- Smoked Ham & salad (G) \$4.20
- Roast chicken (G) (H) \$3.80
- Roast chicken, lettuce & mayo (G) (H) \$4.00
- Roast chicken & salad (G) (H) \$4.20
- Salad (G) \$4.00
- Beetroot, lettuce, carrot, tomato & cucumber
- Tuna (G) \$3.60
- Tuna, lettuce & mayo (G) \$4.00
- Tuna & salad (G) \$4.20

COLD BAR



- Breads (G) White, wholemeal \$1.00
- Wrap \$1.00
- White roll \$1.00
- Turkish/Focaccia \$1.00

- WRAPS BAR (G) -

- Sweet chilli chicken, salad & cheese (G) (H) Double \$5.00 ~ Single \$3.50
- Chicken Caesar, bacon, cheese (G) (H) Double \$5.00 ~ Single \$3.50
- Grilled Chicken Schnitzel, lettuce & mayo (G) (H) Double \$5.00 ~ Single \$3.50
- Ham & salad (G) Double \$5.00 ~ Single \$3.50
- Cheese & salad (G) Double \$4.50 ~ Single \$3.00

- SUSHI (G) (GF) -

- Chicken Teriyaki (G) (H) \$3.50
- Tuna (GF) (G) \$3.50

- SALAD BOX (G) -

- With chicken or tuna (H) Small \$3.50 - Large \$4.50
- Chicken Caesar (H) Small \$4.50 - Large \$5.50
- Garden Salad Small \$3.00 - Large \$4.00

Total Canteen Solutions Menu V1 - 2019

HOT BAR



- HOT MEALS -

- Chicken Nuggets or Goujons (A) (H) x 4 \$3.00
- x 5 \$3.60
- x 6 \$4.20
- Chicken wingettes (A) (H) Each \$2.80
- Jaffle (G) Cheese \$3.50
- Cheese & Tomato \$3.80
- Low fat hot dog (A) No tomato sauce \$3.30
- With tomato sauce \$3.50
- With tomato sauce & cheese \$4.00
- Fish burger (A) With lettuce & mayo \$4.50
- Lean beef burger (G) (H) With tomato, lettuce, beetroot & bbq sauce \$4.80
- Lean chicken burger (A) (H) lettuce & mayo \$4.50
- Garlic bread (A) \$2.00
- Nachos (A) (H) With salsa & cheese \$4.00
- Chicken nuggets with mash potato (A) (H) With 5 nuggets \$5.00
- Oven baked potato wedges (A) \$4.00

- PASTA -

- Lasagna (G) (H) Homemade beef / Homemade vegetarian \$4.50
- Spaghetti Bolognese (G) (H) Homemade Bolognese \$4.50

HOT BAR



- Vegetarian Fried Rice (G) Sml \$4.00 ~ Lg \$4.50
- Butter Chicken (A) (H) With rice \$4.80
- Honey Soy Chicken (A) (H) with fried rice \$4.80

- HOME MADE PIZZA SLAB -

- Margarita (G) Cheese & Tomato \$3.50
- Vegetarian (G) Olives & roast capsicum \$4.00
- Hawaiian (G) Ham & Pineapple \$4.00
- Chicken (G) (H) Lean roast chicken & bbq sauce \$4.00

- TURKISH BREADS -

- Chicken Schnitzel Delight (A) (H) \$5.50
- Chicken schnitzel, roast capsicums, avocado & cheese
- Chicken Delight (G) (H) \$5.50
- Roast chicken, avocado, tomatoes & cheese
- Mediterranean Delight (G) \$5.50
- Olives, artichokes, roast capsicum & fetta cheese
- Vegetarian Delight (G) \$5.50
- Eggplant, sundried tomatoes, roast capsicum & cheese
- Ham Delight (A) \$5.50
- Smoked ham, sundried tomatoes, olives & cheese

HOT FOOD



- PIES -

- Lean Beef Pie (A) \$3.80
- Lean Sausage Rolls (A) \$3.50
- Spinach & Ricotta Roll (A) \$4.00

BEVERAGES



- COLD DRINKS -

- Water (G) \$2.00
- Spring water 600ml \$3.00
- Sports water
- Milks - Low Fat - 300ml (G) Plain \$1.20
- Chocolate, strawberry \$2.50
- Flavoured Milkshakes (A) Chocolate, strawberry, vanilla, caramel \$4.00
- Flavoured Mineral Water (A) Lemon lime, apple & raspberry \$3.00
- Juice Poppers (A) 99% \$2.00

Total Canteen Solutions Menu V1 - 2019



[www.evolutionorthodontics.com.au](http://www.evolutionorthodontics.com.au)

**evolution orthodontics**

Telephone: Blacktown 02 9676 3400 Dubbo 02 6885 2110  
[info@evolutionorthodontics.com.au](mailto:info@evolutionorthodontics.com.au)

## **Quakers Court Medical Centre – 02 9626 2804**

Quakers Court Shopping Centre, Cnr Quakers & Falmouth Roads, Quakers Hill NSW 2763  
Under New Management - Taking New Patients Now

- Female Doctor Now Available
- Appointments & Walk Ins Welcome
- Practice Nurse Mon-Fri
- Dietitian
- Open 7 Days
- Pathology Collection Available 7 Days



# The School Opal card

The School Opal card gives eligible students free or discounted travel between home and school using metro, train, bus, ferry and light rail services you nominate in your application.



## Who can apply?

To be eligible for a School Opal card, students may need to live a minimum distance from their school:

### Years K-2 (Infants)

There's no minimum distance.

### Years 3-6 (Primary)

More than 1.6km straight line distance or at least 2.3km walking.

### Years 7-12 (Secondary)

More than 2.0km straight line distance or at least 2.9km walking.



If you live too close to be eligible for free travel, you may still qualify for a School Term Bus Pass, which offers travel on buses between home and school at a discounted rate for the whole school term.

## Who needs to apply

A new application is only required if the student has not had a School Opal card before.

If the student already has a School Opal card and is changing schools, campuses or home address, you will need to update their Opal card for the new school year before mid-December at [apps.transport.nsw.gov.au/ssts](https://apps.transport.nsw.gov.au/ssts)

## How to apply

Applications for next year open at the start of Term 4 this year.

### Step 1

Once the new school has confirmed your child's enrolment, complete the application at [apps.transport.nsw.gov.au/ssts](https://apps.transport.nsw.gov.au/ssts)

### Step 2

The school endorses your application.

### Step 3

Once Transport for NSW has approved the application, a School Opal card will be sent to the address provided on the application.



A parent or guardian must apply for students 15 years and under. Students 16 years and over can apply for themselves.

## Better together

The School Opal card is only for travel to and from school. So it's a good idea to get a Child/Youth Opal card for travel after hours, on weekends or during school holidays.

### Child/Youth Opal card benefits

- Concession fares across the Opal network
- Half-price travel after eight paid journeys each week\*
- \$1 transfer discount for every transfer between modes (metro/train, ferry, bus or light rail) as part of one journey within 60 minutes from the last tap off†
- Set auto top up and link it to your credit or debit card so there's always enough value on the card to travel.

Find out more at [transportnsw.info/opal](https://transportnsw.info/opal)

or pick one up from an Opal retailer.

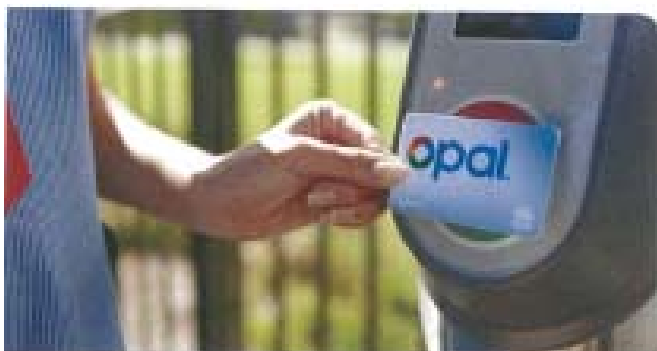
To find a retailer in your area visit [transportnsw.info/opal-retailers](https://transportnsw.info/opal-retailers)



Secondary students aged 16 and over can travel with a Child/Youth Opal card when carrying a NSWACT Senior Secondary Student Concession Card, available from school and TAFE offices.

\* Excluding Sydney Airport Motor access fee.

† The Opal Transfer Discount does not apply when transferring between light rail and Sydney Ferries.



*providing quality public transport*



**7th May 2019**

**ALL SCHOOLS  
SCHOOL BUS 6562 - PM SERVICE**

Dear Parents and Students,

Commencing Monday 27<sup>th</sup> May 2019 there will be change to the departure time for School Bus 6562.

School Bus 6562 will depart from the following Schools at times shown below:

- 2:51pm – Barnier Rd Public School (4 minutes earlier)
- 2:58pm – Hambledon Rd Public School (3 minutes earlier)
- 3:15pm – Quakers Hill East Public School (no change)
- 3:23pm – Quakers Hill High School (2 minutes later)
- 3:37pm – Quakers Hill Public School (5 minutes later)

There are no changes to the Route.

For further information please contact Busways Customer Service on **9497 1870**.  
Alternatively visit our website at [www.busways.com.au](http://www.busways.com.au)

Yours sincerely

**BUSWAYS BLACKTOWN PTY LTD**  
(2442i) SB 6562 383B

|   |  |  |   |   |   |
|---|--|--|---|---|---|
| Busways Blacktown P/L<br>ABN 96 000 173 437 | Busways Blacktown P/L<br>Penrith Depot | Busways Blacktown P/L<br>Windsor Depot | Busways Gosford P/L<br>ABN 79 817 812 619 | Busways Wyong P/L<br>ABN 12 000 044 226 | Busways North Coast P/L<br>ABN 75 106 202 340 |
| T (02) 9625 8900                            | T (02) 4721 9900                       | T (02) 4574 9200                       | T (02) 4368 2277                          | T (02) 4392 6666                        | T (02) 6583 2499                              |
| F (02) 9625 4703                            | F (02) 4732 6160                       | F (02) 4577 9054                       | F (02) 4368 2077                          | F (02) 4392 5834                        | F (02) 6583 2388                              |
| 150 Glendenning Rd<br>Glendenning NSW 2761  | 47-53 Mullins Rd<br>Penrith NSW 2750   | 81 Mulgrave Rd<br>Mulgrave NSW 2756    | 42 Empire Bay Dr<br>Kincumber NSW 2251    | 9 Arizona Rd<br>Woongarrah NSW 2259     | 6-8 Denham St<br>Port Macquarie NSW 2444      |



## EFTPOS FACILITIES

The school office has an Eftpos machine and can take credit and debit card payments.

**Eftpos payments can only be made between the hours of 8.30am to 2.00pm** as we need to balance the money at the end of the day.

You can also pay by **cash** and by the **online payment** option on our school website. Please remember when paying online that you need to pay before 5pm for the school to see the payment the next day.



## DID YOU KNOW YOU CAN PAY ONLINE?

Many families are now using the school's online payment option linked to our school website to pay for school related expenses. This is a secure payment page hosted by Westpac.

### **What expenses can be paid online?**

- Voluntary Contributions
- Excursions
- Sport
- Creative and Practical Arts
- Sales to Students
- Other (any items not listed above)

**UNFORTUNATELY, PAYMENTS TO THE UNIFORM SHOP AND P&C CANNOT BE ACCEPTED VIA THIS SYSTEM.**

### **How do I make a payment?**

Go to the school website.

Click on make a payment, found on the front page of the school website.

1. In the student and payer details, fill in all the **green asterix** items. (These are compulsory)
2. Choose a payment option.
3. Enter the amount you are paying and the payment description (Eg: the name of the excursion)
4. Enter credit card details.
5. Confirm payment details.
6. Receive online payment receipt.

**Pay before 6pm for the school to receive your payment the next working day.**

### **How do I let the school know I paid online?**

Please write the receipt number on the permission note and return to the school.

**Making an online payment does not constitute permission.  
Please return all signed permission notes as per normal.**