



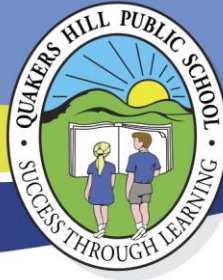
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Quakers Hill Public School

Road Safety Education Policy & Bike Education 2016



Date of Writing:	March 2016
Date of Review:	March 2019



ENVIRONMENTAL STATEMENT

Quakers Hill Public School is a K-6 school located on Medlow Drive and Quakers Road. The school is situated in a residential area. Traffic flow is extremely high during drop off and pick up periods. Quakers Road has a medium traffic flow during all other times and Medlow Drive has a low traffic flow during the day.

Wheelchair access into the school is available to most blocks.

There is a supervised pedestrian crossing on Quakers Road during drop off and pick up times. There is no crossing located on Medlow Drive. Teachers supervise their students when walking to and from events such as PSSA.

The two school car parks are situated from Medlow Drive access; they are situated in the school grounds. The staff car park is fenced off to restrict students from entering the car park during school hours. The entrance is used by Departmental staff and delivery vehicles. The car park is not to be used by parents. The school bus stop is located on Medlow Drive and is accessed via gates that do not pass through the car park. The majority of students are either dropped off by parents, ride scooters or bicycles, or walk to school.

Key road safety issues are:

Pedestrian safety
Ongoing parent education
Passenger safety
Bike safety

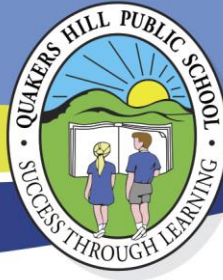
STUDENT OUTCOMES

Quakers Hill Public School will provide teaching and learning programs that lead to the achievement of student outcomes as specified in the *NSW Board of Studies K-6 Personal Development, Health and Physical Education Syllabus K-6*. Road safety education is taught in each stage and incidentally as events occur within and around the school.

Students will develop:

- awareness, knowledge and understandings of road use and road environments;
- skills for road use in varying traffic environments;
- responsible attitudes, values and road use behaviours;
- skills to travel in the community efficiently;
- appropriate conduct on buses for excursions and sports days;
- road awareness and road safety when walking to and from school; and
- skills to travel in motor vehicles safely.

The teaching and learning programs reflect the Department of School Education *Road Safety Education Policy Statement P-12; 1994*.



Developmental needs of students:

Teaching and learning programs at Quakers Hill Public School will:

- reflect current road safety information and research;
- be implemented from Kindergarten to year 6;
- be appropriate to level of the understanding, needs and cultural differences in terms of disabilities and ethnicity of particular groups; and
- provide students with learning experiences in the traffic environment.

WHOLE SCHOOL CURRICULUM-BASED ROAD SAFETY EDUCATION

Road Safety Education at Quakers Hill Public School is planned and implemented:

- within the school's PDHPE program;
- to include passenger, pedestrian and safety on wheels (including bicycle education). Bus safety education is provided in passenger and pedestrian safety;
- to include evaluation and assessment strategies; and
- to reflect current road safety information and research.

These teaching and learning experiences may be enhanced by:

- Walk Safely to School Day; and
- CARES
- Bike Education plan.

SCHOOL MANAGEMENT

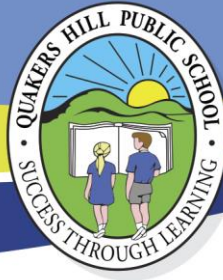
The school has management practices that support road safety education programs. These include:

- signposting the car park driveway to restrict unauthorized vehicle access;
- school staff parking in designated parking areas; and
- constant road safety communication via school newsletters and school assemblies to parents and students.

The school informs parents of key road safety issues through parent meetings (P & C monthly meetings), permission notes, weekly newsletters and assemblies.

At Quakers Hill Public School students should demonstrate safe road use by:

- modelling safe road use on excursions, during school activities and around the school;
 - setting a good example for the younger students;
 - wearing helmets when riding to and from school and walking bicycles when on school grounds;
 - using identified pedestrian entry/exit paths;
 - using the pedestrian crossing where applicable;
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- wearing seatbelts when travelling as car passengers;
- getting out of the car on the footpath side when exiting vehicles;
- boarding, travelling and alighting from buses safely; and
- wearing seatbelts when travelling on buses (if available).

SCHOOL COMMUNITY

At Quakers Hill Public School the school community can help support student road safety behaviour by:

- modelling safe road user behavior;
- parking vehicles safely outside the school, observing all parking signs and road rules;
- reinforcing the safety messages delivered at school;
- actively supervising the travel of young students;
- encouraging younger students to hold an adult's hand in the traffic environment;
- identifying safety issues in and around the school and addressing these issues as they arise;
- ensuring that children are adequately protected when travelling in cars through the use of seat-belts and suitable seating (child seats, booster seats);
- ensuring that children play safely on wheels (bicycles, scooters, rollerblades, skateboards) by providing protective clothing, helmets and well maintained equipment;
- ensuring that children are protected whilst travelling, through the use of helmets and well maintained bicycles; and
- monitoring the care and protection of community property.

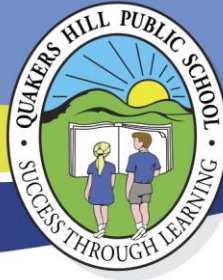
This document was prepared by Jared Madden
15 / 3 / 16



Quakers Hill Public School Bicycle Policy

1. Quakers Hill Public School does NOT permit children under the age of **10** to ride their bicycles to school unaccompanied by an adult.
2. The Department of Education and Training and NSW Roads and Traffic Authority recommends that children under 12 years of age ride their bicycles to or from school on the footpath. Parents are permitted to accompany them in a supervisory role.
3. Children must correctly wear a Standards Australia approved bicycle helmet at all times when in control of a bicycle.
4. All RTA road rules concerning bicycles are to be followed. This includes the pedestrians' right of way on footpaths. The bell should be used as a warning when approaching pedestrians.
5. Bicycles ridden to school must be in good, safe working order and bicycles must be fitted with a bell. One child per bicycle only (NO doubling).
6. Entry and exit points to Quakers Hill Public School are shared with pedestrians. One is via Quakers Road and two from Medlow Drive.
7. Children are to dismount before entering the school grounds and walk their bicycles whilst on site.
8. Bicycles are to be stored at the far end of the main COLA (between rooms 4 and 7). Bicycles should be locked with a chain and padlock supplied by the bicycle owner. Helmets may be chained to their bicycles or secured in the classroom after consultation with the teacher.
9. No responsibility will be taken by the school for damage or theft of the bicycle or safety equipment.
10. Parents will be notified if children do not adhere to the School's Bicycle Policy. If breaches of the policy have occurred on the way to school, students will not be allowed to ride home from school that day and parents will need to collect the bicycle themselves. Any breaches of the policy may result in suspension of the student's right to ride their bicycle to and from school. Decisions regarding suspension of riding privileges will be at the schools discretion.

Note: rollerblades and skateboards are not permitted at Quakers Hill Public School under any circumstances. Scooters will be treated in the same manner as bicycles.



Bicycle User's Contract

- I, the parent, have read and understand the bicycle information available through the school website and school app. (*QHPS Road Safety Education Policy & Bike Education Policy and A Guide to Bicycle Maintenance*).
- I have reviewed the *Guide to Bicycle Maintenance* to check my child's bicycle for roadworthiness and understand that it is my responsibility to keep the bicycle well maintained with all component parts working correctly.
- I have discussed with my child the safest route when riding to school am aware that my child riding his / her bicycle in the rain or on wet roads is unsafe and it is advisable not to ride in such conditions.

- I, the child, understand the bicycle information available through the school website and school app. (*QHPS Road Safety Education Policy & Bike Education Policy and A Guide to Bicycle Maintenance*).
- I understand that it is a joint responsibility between my parents and I to keep the bicycle well maintained with all component parts working correctly. (6 Point Safety Check)
- I will wear my Standards Australia approved helmet correctly when riding a bicycle to and from school. (Helmet Safety Check)
- I understand that I bring my bicycle to school at my own risk and will secure it with a lock and chain. I understand that no responsibility will be taken by the school for damage or theft of the bicycle or safety equipment.

- We understand that this document has been sited and discussed with QHPS Police School Liaison Officer, Constable John Bollard.

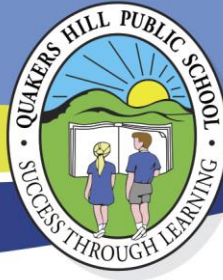
I sign below and acknowledge that if at any time my child's bicycle or their behavior whilst riding does not comply with the School's Bicycle Policy, my child will not be permitted to ride to and from school and I may be required to pick the bicycle up from school.

I give permission for _____ (child's name) to ride his/her bicycle/scooter to and from school.

Signed (child): _____

Signed (parent): _____

Date: _____



A Guide to Bicycle Maintenance: Six Point Safety Check

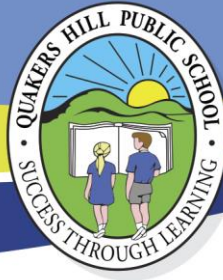
Feature	What are you checking for?	Yes	No***
Tyres	<ul style="list-style-type: none"> • firm tyres • tread not worn and no canvas showing • no bulges or cuts 		
Bell	<ul style="list-style-type: none"> • rings clearly and loudly 		
Pedals	<ul style="list-style-type: none"> • rotates freely when spun • rubber not showing signs of wear 		
Lights and reflectors	<ul style="list-style-type: none"> • secure, clean and shine brightly 		
Brakes	<ul style="list-style-type: none"> • blocks not worn down when brakes applied • bike wheel does not rotate when brakes are applied 		
Chain	<ul style="list-style-type: none"> • does not move more than 2.5cm when lifted • is well oiled 		
Size of bike (see information below)	<ul style="list-style-type: none"> • correct size for rider 		

***If you answered NO to any of the above questions the bicycle does NOT pass the safety test and must NOT be ridden to school.

Helmet safety Check

Helmet	<ul style="list-style-type: none"> • Has Australian Standard approved sticker. • No cracks or chips • Straps functioning • Correctly fitted 		
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What is the right size of bicycle?

The right size of bicycle:

- has controls within reach;
 - is comfortable for the rider;
 - has a level seat;
 - allows the rider's feet to just touch the ground when the rider is sitting on the seat;
 - has handlebars which allow for the arms to be slightly bent as the body leans slightly forward; and
 - allows the rider to straddle the crossbar with both feet flat on the ground, otherwise the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.
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