



10 April 2024

### 3-6 Zing Athletics

Dear parents/carers,

<b>Activity Name:</b>	Zing Athletics
<b>Date/Time:</b>	Monday 6 May 2024 9:10am - Monday 1 July 2024 3:15pm (Running weekly on Monday and Tuesday. Your child will be notified of which time slot they are attending.)
<b>Description:</b>	An 8 week Athletics program has been organised for all 3-6 students. Zing Athletics is an inclusive program designed to help primary school aged children develop their skills, confidence and love of fitness. The program targets Fundamental Movement Skills (FMS) as outlined in the PDHPE syllabus. It is designed to consolidate the fundamentals of throwing, running and jumping skills to enable students to participate in a range of athletic activities. It also incorporates resilience during competition through winning, losing and supporting team members and enhances students' socialisation abilities.
<b>Cost:</b>	\$38.00
<b>Venue:</b>	Quakers Hill Public School
<b>Educational Outcomes:</b>	Stage 2 - PD2-4, PD2-8, PD2-9, PD2-10, PD2-11 Stage 3 - PD3-4, PD3-8, PD3-9, PD3-10, PD3-11
<b>Due Date:</b>	Thursday 9 May 2024

Please complete the permission form through the School Bytes Parent Portal by Thursday 9 May 2024.

Miss Ryan  
**Rel. Principal**

Miss Dixon, Miss Scholz and Mr Dorrell  
**Zing Athletics Coordinators**